

ZEN THERAPY ALA CARTE

ZEN MASSAGE

1hr / 1hr 30 min

IDR 810,000 Nett \\
IDR 1,065,000 Nett

An improvement of your sense of well-being through a combination of remedial massage, osteopathy, and body acupoint to activate the endocrine hormone and biofeedback system.

MANGOSTEEN 'YOUTHFUL & GLOWING' FACIAL

1hr 15 min

IDR 810,000 Nett

A radiant and bright youthful on your outer physique as a result of face acupoint and face lymphatic techniques. A complete facial rejuvenation process that yields freely breathing skin.

ZEN STONE THERAPY

1hr 40min

IDR 1,065,000 Nett

Where body and soul meet, opening and closing spirals of energy patterns for a whole recovery process. An intense massage with basalt stone, leaving the muscle deeply relaxed and recharging it with energy.

ZEN SIRODHARA

1 hr 40 min

IDR 1,440,000 Nett

Opens a third eye chakra that clears mind, relieves pain, and radiates beauty through gentle oil flow treatment.

ZEN COCONUT HAIR TREATMENT

1hr 15 min

IDR 1,065,000 Nett

A treatment that focuses on crown chakra with deep pressures of the thumb and fingers that entrusts a powerful effect for the body and helps maintain a vigorous shape. Through the use of Virgin Coconut Oil, this treatment will also nourishes the hair.

HERBAL MASSAGE

1 hr 40 min

IDR 1,065,000 Nett

A pouch of Herbal Chi that will deliver warmth and release the tension on your muscles



S U M A ————— S P A

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DIRECTION



Rates are subject to change without prior notice.
All prices are quoted in USD and inclusive of
21% government tax and service charge.

S U M A ————— S P A

BE PRESENT

ACCEPT

CONNECT



CLOSE YOUR EYES, SECLUDE THE MIND.
 RETIRE FROM THE OUTSIDE WORLD.
 FEEL THE EARTH MOISTENED BY THE RAIN.
 FEEL THE SENSATION OF BREATHING.
 BE PRESENT. ACCEPT. CONNECT.
 SURRENDER TO THE UNIVERSE,
 EMBRACE ITS WARMTH AND ENDEARMENT.
 A DEDICATION OF THE PUREST, SIMPLEST
 PRESENCE OF ONE BEING TO INFINITY.

ZEN-BALI THERAPY PACKAGE

COCOA MANGOSTEEN GLOW

2 hr 30 min IDR 1,905,000 Nett

RETAIN HIGH MOISTURE LEVELS IN THE SKIN
 A deeply moisturizing and enriching body scrub and cream with mangosteen extract that provides essential nutrients and nourishment for skin. The treatment will leave the skin deeply hydrated, supple, glow and rejuvenated.

Zen Bali Ritual	10 min
Mangosteen 'Glowing' Body scrub	45 min
Zen Healing Massage	60 min
Cocoa 'Nourishing' Bath	30 min
Mangosteen 'Glowing' Body Cream	5 min
Zen Tea-Ginger Honey	

HERBAL 'FATIGUE' RELIEVER

2 hr 30 min IDR 1,725,000 Nett

REVITALIZED AND HELP COMBAT THE FATIGUE
 Hot herbal therapy is used to loosen up muscles and improved lymph drainage and stimulate circulation. Incorporate with massage and mangosteen facial which are used to rebalance energy and combat the fatigue.

Zen Bali Ritual	10 min
Hot Herbal Therapy	30 min
Zen Healing Massage	60 min
Mangosteen 'Youthful & Glowing' Facial	40 min
Face Acupoint	10 min
Zen Tea-Ginger Honey	

ZEN DEEP RELAXER

3 hr 30 min IDR 2,085,000 Nett

RE-ENERGIZE, REBALANCE AND REVITALIZE THE SENSES

Throughout your Zen Shirodhara experience, a miracle drop of warm coconut oil on your third eye will awaken your mind. The whole treatment is designed to keep you feeling revitalized, re-energized, rebalanced and rejuvenated

Zen Bali Ritual	10 min
Zen Shirodhara	45 min
Zen Healing Massage	60 min
Coconut Hair Therapy	45 min
Mangosteen 'Youthful & Glowing' Facial	50 min
Zen Tea-Ginger Honey	

MANGOSTEEN 'DETOX' SKIN

2 hr IDR 1,620,000 Nett

RESTORE AND DETOXIFY SKIN

A detoxifying solution that cleanses your body and restore your skin. Mangosteen scrub contains Xanthone with anti-oxidant properties to stimulates circulation and restore radiance and balance to skin.

Zen Bali Ritual	10 min
Mangosteen 'Detox Skin' Body Scrub	45 min
Zen Healing Massage	60 min
Mangosteen 'Nourishing' Body Cream	5 min
Zen Tea-Ginger Honey	

MANGOSTEEN COFFEE 'CELLULITE' SOLUTION

3 hr IDR 1,980,000 Nett

GET RID OF CELLULITE AND UNWANTED FATS FOR CONTOURED SHAPELY BODY

Whilst anti-cellulite coffee scrub helps to remove the liquid and toxin from your body, a highly nourishing anti-cellulite toning masker which contains mangosteen and coffee will help to firm, tone and keep contoured shapely body.

Zen Bali Ritual	10 min
Coffee 'Anti Cellulite' Scrub	40 min
Anti Cellulite Massage	90 min
Coffee-Mangosteen	
'Anti Cellulite' Toning Masker	30 min
Mangosteen	
'Anti Cellulite' Toning Cream	10 min
Zen Detox Tea	

COFFEE 'CELLULITE' REMOVAL

2 hr 30 min IDR 1,725,000 Nett

REMOVE CELLULITES AND HELP SKIN TO APPEAR SMOOTHER AND TIGHTEN

A concentrated cellulite scrub that breaks down accumulated toxins and aids in treatment of cellulite and fluid retention. It contains mangosteen and coffee that works to strengthen blood vessels and helps to firm and tighten the skin.

Zen Bali Ritual	10 min
Coffee 'Anti Cellulite' Scrub	40 min
Anti Cellulite Massage	90 min
Mangosteen 'Anti Cellulite'	
Toning Cream	10 min
Zen Detox Tea	

MANGOSTEEN COCOA 'BEAUTIFYING' RITUAL

3 hr 30 min IDR 2,160,000 Nett

PROMOTE ENRICHING AND BEAUTIFYING MOMENTS FOR YOUTHFUL AND GLOWING

Mangosteen and cocoa are amazing ingredient to restore a healthy balance to your skin. This treatment will improve overall appearance of your body, mind and soul, relieve any tension and encourage deep relaxation.

Zen Bali Ritual	10 min
Mangosteen 'Glowing' Body scrub	30 min
Zen Healing Massage	60 min
Mangosteen-Cocoa	
'Enriching' Body Mask	30 min
Cocoa 'Moisturized & Glowing' Bath	30 min
Mangosteen 'Youthful & Glowing' Facial	45 min
Mangosteen 'Nourishing' Body Cream	5 min
Zen Tea-Ginger Honey	

